



Understanding and Engaging Sexuality



Why This Matters in the Workplace

At first glance, discussions about sexuality may seem unrelated to reaching your colleague or friend at work. But today, sexual identity has become one of the most powerful expressions of personal identity—often more deeply held than even religious beliefs. To understand someone's worldview, especially in modern culture, we must understand how they view sex, gender, and identity.

As Rosario Butterfield puts it, we're no longer dealing with "words," we're dealing with *keywords*—terms loaded with legal, ideological, and emotional force. Getting even one pronoun wrong can derail an entire conversation. So if we want to share the gospel effectively, we must approach this issue with both truth and deep understanding.

Sexuality as Worldview: How We Got Here

From ancient philosophy to modern psychology, a series of cultural shifts has redefined what it means to be human—especially in relation to sex.

- Descartes separated the mind from the body: “I think, therefore I am.” The body became secondary to inner thoughts.
- Rousseau elevated feelings as the truest self: “Man is born free, yet everywhere he is in chains.”
- Romanticism (Wordsworth, Shelley) saw nature and feelings as morally formative.
- Nietzsche mourned the death of God, predicting chaos as we become our own gods.
- Freud reframed happiness as sexual satisfaction; sex moved from what we *do* to who we *are*.

With these shifts, the body lost its given meaning. Today, inner psychological identity is prioritized over biology, and sexual fulfillment is equated with personal authenticity.

Key Takeaways: Understanding Today's Landscape

- Moral Relativism: Right and wrong are now seen as personal choices. Making judgments is confused with being judgmental.
- Sex as Self: We've moved from “I have desires” to “I *am* my desires.” To deny desire is now seen as denying someone's humanity.
- Freud's Legacy: Happiness = pleasure. And pleasure is most intensely found in sex. Therefore, to be fulfilled means to be sexually fulfilled.
- Ideas Have Consequences: What began in philosophy has led to deeply ingrained cultural beliefs—about identity, freedom, and fulfillment.



The LGBTQ+ Movement: A Coalition Built on Identity Politics

While LGBTQ+ appears unified, it is more a coalition of convenience than a natural alliance. Here's how:

- L & G: Historically divided, united primarily during the AIDS crisis through shared victimhood.
- T & Q: Introduced a major internal contradiction—trans ideology undermines the biological basis that L, G, and B depend on.
- Key tension:
 - L, G, and B rely on biological sex being real and stable.
 - T and Q reject that premise in favor of fluid, psychological identity.

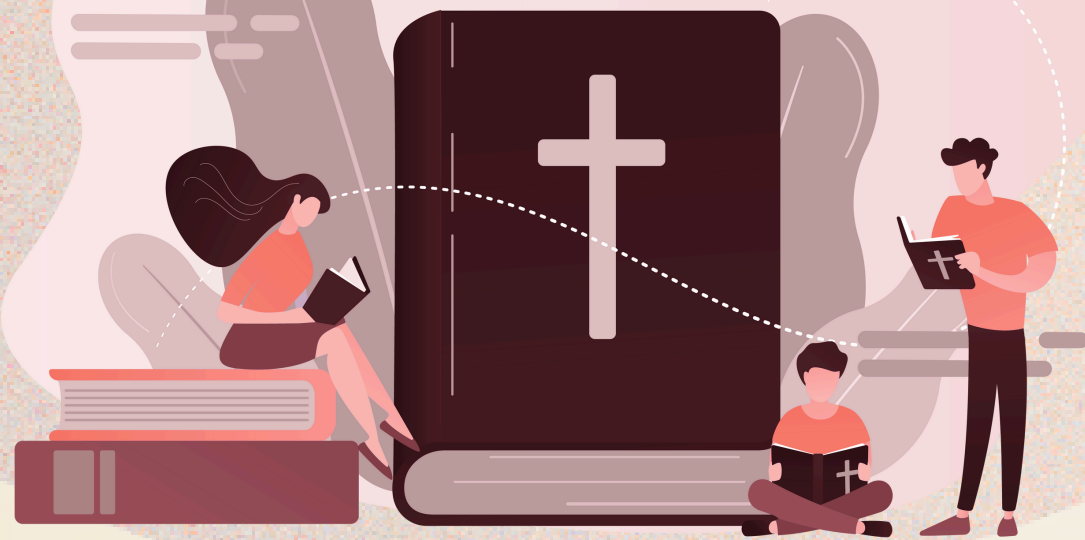
The movement is less a cohesive worldview and more a temporary unity against a perceived common enemy: heteronormativity.

Trans Ideology: The Body as Raw Material

Rooted in thinkers like Marx and Simone de Beauvoir, modern trans thought separates sex (biology) from gender (performance).

- Simone de Beauvoir: “One is not born, but becomes, a woman.” Gender is socially constructed.
- Technology's Role: Makes gender alteration *possible*, fueling the idea that the body is just clay to be shaped.

But this creates a philosophical contradiction: you cannot both affirm fixed sexual attraction (LGB) and deny fixed sex (TQ).



The Biblical View: Our Bodies Tell God's Story

The Bible doesn't just warn about sexual sin—it gives sexuality profound meaning. As Pope John Paul II wrote:

“The problem with the sexual revolution is not that it overvalued sex, but that it undervalued it.”

- Genesis 1:27 tells us we're made male and female in God's image.
- Ephesians 5 calls “one flesh” a profound mystery that reflects Christ and the church.
- Our bodies—male and female—proclaim a divine reality. They are not meaningless shells; they tell God's story.

Takeaways for Engaging in Culture

- Sex is sacred, not shallow: It reflects the very mystery of God and the gospel.
- Sin twists, but doesn't create: The enemy doesn't invent new matter; he corrupts what God made good.
- Redemption means untwisting: Part of our witness is inviting people into the untwisting—into the goodness and beauty God intended.

Pride is the new idol: The core of today's sexual revolution is the idolatry of the autonomous self. It's not just about behavior—it's about who gets to define reality.



Why This Is Ultimately About Worship

Romans 1 tells us that we have exchanged the truth of God for a lie. This is not merely about sexual behavior—it is about identity and idolatry.

- Ancient idols justified sin.
- Modern idols *are* sin—rebranded as freedom and authenticity.
- The worship of the self, the pursuit of autonomy from God, is idolatry in its purest form.

This is why the call to sexual discipleship is not primarily a call to “stop sinning”—it’s a call to *worship rightly*.

PRACTICAL TAKEAWAYS

Lead with compassion, not compromise - People are often more shaped by pain than ideology. Show love first—don’t start with correction. Compassion builds bridges where arguments can’t.

Clarity is not cruelty

Holding to biblical truth doesn’t make you hateful. It’s possible to be both truthful and kind—just like Jesus was.

Recognize the real issue: worship, not just behavior

The core problem is not sex—it’s who gets to define what’s good and true. The sexual revolution is a worship shift, not just a lifestyle change.

Build trust before debate

People are more likely to listen when they feel seen and safe. Relationships open hearts far more than arguments do.

Stay rooted in Scripture and prayer

The cultural tide is strong. Anchor yourself in God’s Word and ask the Holy Spirit for both courage and tenderness as you engage others.

Live a better story

Your life—your relationships, your integrity, your joy—should reflect the beauty of God’s design. Let people see that biblical sexuality leads to flourishing, not restriction.



Discussion Questions

1. Why do you think sexuality has become such a central issue in how people define themselves today?
2. What stood out to you about the historical journey that led to today's beliefs about identity?
3. In what ways can you communicate biblical truth about sexuality without immediately closing the door to conversation?
4. How do you see the concept of idolatry—especially the worship of self—playing out in today's culture?
5. What does it mean to say “our bodies tell God's story”? How would you explain that to someone unfamiliar with the Bible?



About the Speaker

Nathan Andrews has been involved in the hospitality and real estate development industries for over 30 years. From setting up the first training offices for the Oberoi Hotels in Egypt and Iraq to heading the business and development activity at Lavasa, his roles have been diverse while spanning four continents and over 20 countries. Along the way, he has opened multiple luxury hotels, developed food and beverage concepts, operationalised India's first shopping mall, planned and marketed real estate townships, and also set up educational institutions and theme parks. Through all of this, he has been a part of the local church and sought to follow the Lord in the marketplace.

An alumnus of Said Business School, Oxford, and a member of the Institute of Directors, he currently serves on the Board of the Oxford Centre for Mission Studies (OCMS), RZIM India, CBMC India and Asia, and The Bethany Trust. Nathan serves as the Interim CEDO of Life Focus Society and is the author of the book, Force Majeure.



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